

# Fridley Adult Men's (18+) Basketball League

League Coordinator: Brice Richter – (763) 572-3539

Games are scheduled at:

Fridley Middle School 6100 Moore Lake Dr W, Fridley  
Hayes Elementary School 615 Mississippi St NE Fridley

## *League Information*

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### 1. **Manager's Pre-Game Meeting**

Managers are to meet with the referees at mid-court five minutes before the game starts to go over any necessary information.

### 2. **Balls**

Fridley Rec. Dept. will provide game balls. Teams will provide their own practice/warm-up balls.

### 3. **Scorekeeper**

- a) Team Managers or a team representative must fill out the scorebook at the score table prior to each game. Players first and last name along with the jersey number shall be entered into the scorebook
- b) Only players who are present are entered into to scorebook for any given day.
- c) Players may not enter the game until they've been entered into the scorebook.
- d) The scorebook kept at the scorer's table will be the official score and foul count.
- e) Teams are encouraged to closely monitor the scoreboard and keep their own scorebook.
- f) Teams should alert the officials immediately of any errors.
- g) If a team alerts the official to an error (that requires a clock stoppage) and no error is found that team will lose a timeout.
- h) The scorekeeper will not keep track of individual statistics.
- i) In the event of a scorekeeper no show, please have each team supply a player to run the scorebook/scoreboard for each half.

### 4. **Uniforms**

All teams must supply and wear jerseys that are similar in color and differently numbered. Numbers must be permanently affixed and at least 6" high. Numbers applied with permanent marker are acceptable. Penalty: player (s) in violation will receive one technical foul to begin the game with. Opposing team shoots free throws before the game starts.

### 5. **Shoes**

All players must wear tennis shoes while on the gymnasium floor.

### 6. **Protests**

Protests based on official's judgment, misinterpretation or misapplication of a rule will not be allowed. **The official's decision is final.** Protests involving player eligibility are allowed. Contact league manager to protest player eligibility.

### 7. **Postponed Games & Rescheduling Games**

Teams are required to attend every game their team is scheduled. Games will not be rescheduled if a team misses a game. Games postponed due to weather conditions will be rescheduled by the Recreation Department. Managers will be notified of the make-up time and date.

8. **Tiebreaker Analysis:**

1. Winning Percentage
2. Head-to-Head
3. Head-to-Head Differential
4. Total Points For
5. Total Points Against
6. Total Points Differential
7. Lowest Number of Forfeits

9. **Forfeits**

Any team who forfeits a game can be subject to removal from the league forfeiting any fees paid.

10. **Rosters**

Teams will have a 12-player limit. Teams may add players to their rosters until January 7 & 8<sup>th</sup>. If you would like to make any changes after the January 7 & 8<sup>th</sup> cutoff, you will need to contact your league Coordinator to ensure that player is eligible to play.

11. **Alcohol, Tobacco, Vaping, and Marijuana Usage**

The usage of any alcohol, tobacco, vaping device, or marijuana products are strictly prohibited in/on any Fridley Parks and Recreation program and Fridley public school facilities. Teams cited for violating this policy may face suspension/withdrawal from the league (without refund) and facility violation fees.

12. **Awards**

The league champions will be awarded T-shirts (maximum 12)

## *Playing Rules*

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Games will abide by **National Federation of State High School Association Basketball Rules** with the following modifications:

13. **Playing Time**

- a. Games will consist of two halves, 20 minutes in length.
- b. The clock will be running **except:**
  - i. The final minute of the first and second half (unless a team is ahead by 20 points or more)
  - ii. An injury occurs that requires stoppage of the game for longer than a normal stoppage (this is up to the official's judgment)
  - iii. A time-out is called.
- c. Each team is allowed three (3) time-outs per game, one minute in length.
- d. Half-time will be three (3) minutes. Unused timeouts do not carry over between halves.
- e. Overtime – A two-minute overtime period with no stop time will be allowed. If this two-minute period ends in a tie, teams will play sudden death (first point wins) with no stoppage of play.

14. **Players**

Each team must have at least 4 players to start the game, or it will result in a forfeit. Teams must have AT LEAST 3 players to finish a league game. For playoff games, each team, must have 5 players to begin play, and must have at least 4 players to finish. A five-minute grace period will be allowed from the scheduled start of the game, unless announced by the City of Fridley Parks and Recreation Department due to weather or other circumstances. Please notify the Recreation office in advance if you know that your team will be forfeiting a game so the other team can be notified.

15. **Player Eligibility**

The Fridley Recreation Department will enforce the eligibility requirements of basketball participation with the following procedure:

- a. All players must be 18 or more years of age.
- b. Players may only participate on one team per Fridley Basketball League. Officials aware of a team picking up a player from another team will call the game immediately – League Coordinator will handle other protests.
- c. If a team or any player thereof is found in violation a second time, the team will be immediately removed from the league with all fees forfeited.
- d. Any team protesting the eligibility of an opponent will be required to follow the official protest procedure as established by the Fridley Recreation Department. Contact league director for more information.
- e. A team that has been removed from the league due to an eligibility violation shall not be allowed to file a protest on any other team.
- f. A player must play in two regular season games to be eligible in the playoffs.
- g. A team using a suspended ball player in a game faces forfeiture of that game.

16. **Free Throws**

A bonus free throw shall be awarded on each common foul (except player-control) on 7th, 8th, 9th team foul if first is good. Two free throws will be awarded beginning with the 10th team foul and on all shooting fouls. Players are allowed to move into the lane as soon the ball has been released.

17. **Jump balls**

Only used to begin a half and to begin overtime period.

18. **Fouls**

A player will foul out with five fouls.

19. **Substitutions**

Free substitutions on time outs, fouls, and violations.

20. **Technical Fouls**

All technical fouls will result in two (2) free throws plus the ball out of bounds at center court. Two technical fouls by the same player during a game will result in that player being ejected from the game. In accordance with the sportsmanship policy, the player will automatically be suspended a minimum of one (1) additional game. Technical fouls count towards the player's total fouls and the team fouls. **NOTE: A player receiving 3 technical fouls during the season will be suspended for one game. If a player receives a 4th technical foul, he will be suspended for the remainder of the season.**

21. **Dunking**

Any player dunking, attempting to dunk, or grasping the net or rim will be ejected from the game and shall be suspended from his team's next scheduled game. The basket will be disallowed (if applicable), and the opposing team will be awarded two (2) free throws and the ball out of bounds.

**ANY PLAYER DAMAGING A RIM OR BACKBOARD SHALL BE IMMEDIATELY REMOVED FROM THE LEAGUE. THE TEAM WILL BE SUSPENDED FROM ANY FRIDLEY ATHLETIC LEAGUE UNTIL DAMAGES ARE PAID IN FULL.**

## *Sportsmanship* \_\_\_\_\_

The Fridley Parks & Recreation Department is attempting to maintain a high level of sportsmanship in the athletic program operated by the city. Therefore, a policy for dealing with cases of unsportsmanlike conduct has been instituted.

1. Any player, coach or manager ejected from a game for an unsportsmanlike act shall face a minimum suspension of 1 game. *Also, a player that receives 3 technical fouls in the same season will face a minimum suspension of one game.* A player that receives 4 technical fouls in the same season will be suspended for the remainder of the season. A team using a suspended ball player in a game faces forfeiture of that game.
2. Any player, coach or manager exhibiting unsportsmanlike conduct toward the game official or opposing team/team member at or after the conclusion of a ball game, shall face a minimum suspension of one game.
3. Any player, coach or manager ejected from a second game during the year for unsportsmanlike conduct shall be prohibited from participating for the remainder of the season. *Also, a player that receives 4 technical fouls in the same season will be suspended for the remainder of the season.*
4. After your game has been completed, pick up trash and gear in the area around your bench.

**Any individual striking or threatening a game official or anyone else will be suspended indefinitely from participation in athletic programs operated by the City of Fridley Recreation Department.**

### **Inclement Weather**

In case of inclement weather, managers should call our "HOTLINE" at 763-572-3578 after 4:00 p.m. to see if games will be held. When in doubt, always call prior to your scheduled game.

**PARTICIPANT NAME** \_\_\_\_\_

**PARTICIPANT SIGNATURE** \_\_\_\_\_

**DATE** \_\_\_\_\_