

City of Fridley Parks & Recreation Programs

SPORTS • EVENTS • CONCERT SERIES • YOUTH PROGRAMS • ADULT PROGRAMS • NATURE PROGRAMS

JULY/AUGUST 2025 EDITION



FEATURING PROGRAMS FROM
JULY - SEPTEMBER



Parks and Recreation Department

763-572-3570

FridleyMN.gov/Rec

recreation@FridleyMN.gov



Springbrook Nature Center

763-572-3588

springbrooknaturecenter.org

springbrook@FridleyMN.gov

Fridley Parks and Recreation

Mission: To promote a high quality of life in Fridley through welcoming parks, inclusive programs, and unique experiences.

Vision: Parks, recreation, and natural resources are valued by all in the Fridley community.

City of Fridley Directory

Parks and Recreation Department

Recreation Office – City Hall, 7071 University Avenue NE
763-572-3570 | Recreation@FridleyMN.gov

Springbrook Nature Center

100 85th Avenue NE
763-572-3588 | Springbrook@FridleyMN.gov

Fridley Locations:

Civic Campus, 7071 University Ave. NE
Creekview Park, 6801 Anoka St. NE
Flanery Park, 1487 Onondaga St. NE
Fridley Middle School, 6100 W Moore Lake Dr. NE
Hayes Elementary School, 615 Mississippi St. NE
Locke Park, 840 71st Ave. NE
Moore Lake Park, 5890 Central Ave. NE
Stevenson Elementary School, 6080 East River Rd.

Locations outside of Fridley:

City Hall Park, 2401 Mounds View Blvd., Mounds View
Mounds View Community Center, 5394 Edgewood Dr., Mounds View
Silver View Park, 7542 Silver Lake Rd, Mounds View

Photo Policy

Photographs are periodically taken of participants while they are engaged in programs, special events or enjoying the parks. Please be aware that these photos may appear in the local newspapers and/or Parks & Recreation Department publications including our website and social media. If you would prefer that we not use your photo, please let the photographer know.

Registration Notes

Online registration is available at FridleyMN.gov/RecRegister.

Phone and walk-in registrations are also accepted at City Hall and Springbrook Nature Center.

- Online registration closes one week prior to the class start date, unless listed.
- The participant grades listed apply to the 2024-25 school year.
- To indicate classes skipped in a series, nc (no class) followed by a date is used. For example: Jun 10 - Jul 8 (nc 7/1)



Scholarship Program

Scholarship funds are available to eligible Fridley residents that meet qualifications. Please email Recreation@FridleyMN.gov for more information and to apply.

Weather Cancellation Hotline

If you believe there is threatening weather or inclement conditions, please call our 24-hour HOTLINE at 763-572-3578 prior to your program or activity to see if it will still be held. Weather-related cancellations will be sent out via email to the address on the registrant's account.

Inclusion Policy

The City of Fridley is committed to providing reasonable accommodations and accessibility to participants. Please let us know if you or a family member require an accommodation specific to an ability-related need, a behavioral support, an allergy, or other need for inclusion services by contacting the Recreation Office at 763-572-3570 or Recreation@FridleyMN.gov at least three weeks prior to the start of the program to discuss strategies for inclusion and for the staff to gather information about the participant.

FACILITY RESERVATIONS

PARK SHELTERS

The City of Fridley has park shelters available for rental between May 3 - October 26. Shelters are located at Flanery, Moore Lake and Locke parks.

Reservations can be made online beginning at 8 a.m. at

FridleyMN.gov/Rentals. Note: Commons Park will not be available in 2025 due to the construction of the park improvements.

MOORE LAKE COMMUNITY BUILDING

This beautiful, year-round, indoor gathering place is perfect for your next event and conveniently located near I-694 and Central Avenue.

Reservations can be made online six months in advance and a minimum of two weeks prior at FridleyMN.gov/Rentals.

SPRINGBROOK NATURE CENTER SHELTER AND FACILITY

Springbrook Nature Center offers four indoor classrooms and an amphitheater for rent between 10 a.m. and 4 p.m. daily. It is a great venue for family gatherings, showers, birthday celebrations, business meetings, and more. Picnic shelter rentals are available on weekends from May 1 - October 1. Call 763-572-3588 to schedule your rental!

VISIT SPRINGBROOK NATURE CENTER

We bring you closer to nature year-round. Enjoy three miles of hiking trails through oak and aspen forests, past prairies and through wetlands with floating boardwalks. Along the way, view native plants and wildlife.

Inside the Interpretive Center, get up-close and personal with live snakes, turtles, interactive exhibits and more!
Open daily from 9 a.m. - 5 p.m.

ACTIVITY BACKPACKS

Springbrook is offering backpacks for daily check-out that contain supplies to help visitors explore and enjoy nature. Each backpack has a specific theme. They are available on a first come, first serve basis during open hours.

EVENTS



TOUCH-A-TRUCK

4 - 7 p.m. | August 19 | Civic Campus | FREE

In partnership with Fridley Public Works and Public Safety, Touch-A-Truck is back! Kids of all ages can explore a variety of big trucks, lawn equipment, electric vehicles, police cars, a fire truck and more! Bouncy castles and food trucks will be onsite, and make sure to stay for the final summer concert with Jack Brass Band at 7 p.m.

Sensory Friendly Hour | 4 - 5 p.m.: Touch-A-Truck will be sensory friendly! No loud noises, lights, sirens, etc.

Popsicles with Public Safety: Fridley police officers and firefighters will be onsite at the Touch-A-Truck event handing out free popsicles (while supplies last)!

Food Trucks: Rustic Chef, Brick Oven Pizza Bus and Flamingos Ice Cream

PLAN YOUR PARKS!

Fridley staff will be in several neighborhood parks this summer to get feedback on 2026 park improvements. You can help plan your playground and give comments on trails, park amenities and other park improvements. Online surveys will also be available for those who are unable to attend in person.

Flanery, 1505 Onondaga Street NE

Thursday, July 10 | 5:30 - 7 p.m.

Summit Square, 5201 Capitol Street NE

Thursday, July 17 | 5:30 - 7 p.m.

Park concept plans and the latest updates on park improvements across the Fridley park system can be found on our project webpage at FridleyMN.gov/ParkPlan. Contact Parks and Recreation Director, Mike Maher at Mike.Maher@FridleyMN.gov with questions or to get involved.

KID'S MUSICAL - THE LITTLE MERMAID JR.

10:30 a.m. | August 8 | Locke Park | FREE

Kids of all ages are invited to the theater—at Locke Park! Dive into the magical world of *The Little Mermaid Jr* with ETC Productions as they bring Ariel's underwater adventure to life! This vibrant, fun, energizing production features all the beloved characters and unforgettable songs like "Under the Sea" and "Part of Your World" in an outdoor setting that transports you straight to the ocean. Perfect for the whole family, this heartwarming show is a delightful journey full of music, fun and unforgettable moments! This is an outdoor performance—please bring a lawn chair or blanket for seating.

Pre-concert activities: Kid's Book Swap & Tour a fire truck with the Fridley Fire Dept.

SAVE THE DATE FOR PUMPKIN NIGHT IN THE PARK!

5 - 9 p.m. | October 18 | Springbrook Nature Center

\$12 per person (children 2 and under are free)

Mark your calendars, ticket sales are coming soon! Don't miss the pumpkin trail with hundreds of lit Jack-o-Lanterns and costumed characters, watch live performers, and enjoy delicious treats from area food trucks.

Put your house on our Fridley Halloween Tour map!



OCTOBER 15 - 31

Residents who decorate for Halloween can submit their address to be included on our Halloween tour map. Maps will be published online and will allow your neighbors to drive by and see your decorated, spooky home! This is a fun way to share your hard work with others.

Residents participating in the Halloween Tour should ensure that their decorations are on display during the tour dates.

Register for free between September 1 - October 8. Maps will be available to the public on October 15, 2025.

YOUTH EVENING SPORTS (AGES 3-13)

The sports programs listed are designed for kids who want to learn basic skills while being active and having fun! Instructors focus on teaching age-appropriate fundamentals while encouraging teamwork, sportsmanship, and positive social interaction. All equipment is provided. Participants must be the minimum advertised age by the start of the program.

Classes will be held at Stevenson Elementary School. (September class is located at Hayes Elementary.)

SOCCER

Ages 3-5	M	Jul 21 - Aug 11	7 - 7:45 p.m.	\$40
Ages 3-5	W	Jul 23 - Aug 13	6 - 6:45 p.m.	\$40
Gr K-4	W	Jul 23 - Aug 13	7 - 7:45 p.m.	\$40
Ages 3-5	Tu	Sep 16 - Oct 28 (nc 10/14)	5:45 - 6:30 p.m.	\$48

TRACK AND FIELD

Ages 3-5	Th	Jul 24 - Aug 14	6 - 6:45 p.m.	\$40
Gr K-4	Th	Jul 24 - Aug 14	7 - 7:45 p.m.	\$40



T-BALL NINJAS

Ages 3-5	M	Jul 21 - Aug 11	6 - 6:45 p.m.	\$40
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LITTLE NINJAS

Ages 3-5	Tu	Jul 22 - Aug 12	6 - 6:45 p.m.	\$40
Gr K-4	Tu	Jul 22 - Aug 12	7 - 7:45 p.m.	\$40

TEEN PICKLEBALL CAMP*

Ages 10-16	Sa	Jul 12	2:30 - 4:30 p.m.	\$25
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ADULT/CHILD PICKLEBALL CLINIC*

Ages 10+	Sa	Jul 12	12 - 2 p.m.	\$50/pair
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*Pickleball programs are held at Moore Lake Park. Details on page 7.



REC 'N ROLL

June 17 - August 14

Join us this summer for fun, free activities in our parks!

Fridley Recreation is coming to a park near you with our Rec 'N Roll mobile! Enjoy a variety of free activities including games, sports, arts, crafts, music and more! Team members will be present to set up activities and equipment for youth. FREE snacks are provided by Fridley School's Nutritional Services for those 18 and under!

Tuesdays: 12:30 - 2 p.m. at Moore Lake Park
2:30 - 4 p.m. at Creekview Park

Thursdays: 12:30 - 2 p.m. at Moore Lake Park
2:30 - 4 p.m. at Flanery Park

PRESCHOOL ACTIVITIES

NATURE PRESCHOOL CLUB

Calling all preschool nature fans! Join the Springbrook half-day nature club where we will spend fall mornings playing in the creek, searching for bugs and running in the woods!

Ages 4-5	Th	Sep 4 - Nov 13 (nc 10/16)	10 a.m. - noon	\$125
Ages 4-5	Th	Jan 8 - Mar 12	10 a.m. - noon	\$125

Springbrook Nature Center

ALL AGES

VOLUNTEER TRAINING:

BUCKTHORN PULL AND REMOVAL

Help tend Springbrook's forests and learn how to identify and remove invasive European buckthorn. Springbrook will provide work gloves and loppers.

Ages 12+	Su	Jul 20	1 - 3 p.m.	Free
Ages 12+	Sa	Aug 9	10 a.m. - 12 p.m.	Free

Springbrook Nature Center

INTRO TO CAMPFIRE COOKING

Learn the basics of campfire cooking while being entertained by campfire stories. All minors must be accompanied by an adult - this class is intended for people 10 and older.

Ages 10+	F	Sep 19	7 - 8:30 p.m.	\$5
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Springbrook Nature Center Pavilion

AFTER-SCHOOL ACTIVITIES

The following classes are offered after school at Hayes Elementary School from 3:45 - 5:15 p.m. to youth in grades K-4. Snacks are provided before class. There is transportation for students enrolled at Stevenson and parents/caregivers can also drop children off for the programs. You do not need to be enrolled in Fridley Schools to participate.

Note: Transportation is NOT provided after class—all participants must be picked up at Hayes.

SOCCER

It's good to have goals! We will learn the basics of soccer—dribbling, passing, receiving, shooting and everything in between. Students will be divided into teams to compete against each other on game days! This program is designed for kids who want to get acquainted with the great game of soccer while having fun and making friends. Class will be held outside when possible.

Gr. K-4 Tu Sep 16 - Oct 28 (nc 10/14) 3:45 - 5:15 p.m. \$56

TAE KWON DO

Learn the basics of Martial Arts, while developing self-confidence and discipline.

Participants will work to improve overall physical condition by increasing flexibility and endurance. Instructed by Grand Master Tom Malone, 8th Degree Black Belt.

Gr. K-4 W Sep 17 - Oct 29 (nc 10/15) 3:45 - 5:15 p.m. \$90



OUTDOOR GAMES & HALLOWEEN FUN

During September we will play a variety of games including tag, kickball, ultimate and more! Don't forget to wear your running shoes and dress for the weather. If the weather does not permit, we will move our games into the gym. Then in October we'll get ready for the goofiest, spookiest holiday of them all--Halloween! We will create slimy projects, create spooky characters, and more as we conclude with a Halloween party the last day of class!

Gr. K-4 Th Sep 18 - Oct 30 (nc 10/16) 3:45 - 5:15 p.m. \$56

NATURE EXPLORATION FOR HOMESCHOOLERS

Attention Homeschool Families! We have a new program designed for your students to learn about a variety of nature topics, explore the outdoors, gain new skills and meet new friends. A Springbrook naturalist will lead an outdoor program with a different theme during each session. Registration is required.



POND LIFE

September's class is Pondstudy where students will explore the hidden world of Springbrook's Ponds! They will catch pond creatures, study how they live and see some up close under a microscope. They may even get to meet a turtle!

Ages 6-8	F	Sep 12	10 a.m. - 12 p.m.	\$7
Ages 9-11	F	Sep 12	10 a.m. - 12 p.m.	\$7

Springbrook Nature Center

FIELD TRIPS AT SPRINGBROOK NATURE CENTER

Calling all teachers, scout leaders, and homeschool parents. Springbrook has a variety of outstanding, engaging educational classes ready for your group. Both onsite (at SNC) and offsite (at your location) options are available covering a variety of natural history, outdoor recreation, and cultural history topics. We're here to help you meet MN State Science standards, help your students be more comfortable outdoors, and have a positive experience in nature. More information can be found on our website under Group Education.

BIRTHDAY PARTY PROGRAMS

Create lasting memories by celebrating a birthday party at Springbrook!

Birthday parties are for children turning ages 4-11. The weekend program includes a private indoor rental space for two hours, during which a naturalist will lead a 45-minute program. Topics are listed on our website.

Fee: \$150 — Maximum of 15 children and 5 adults.

Call Springbrook at 763-572-3588 to book your party!

SUMMER ROCKS

RECREATION OPPORTUNITIES
FOR CREATIVE KIDS IN THE SUMMER

JUNE 16 - AUGUST 8

Our popular all-day recreation program is held for eight weeks in the summer. Kids who are currently in grades K-6 will have a variety of fun opportunities to participate in each week at Stevenson Elementary School, including: classes, special events, field trips and outdoor adventures.



LITTLE PEBBLES

ROCKS-LITTLE PEBBLES
CAMPS (AGES 4-5):

Kids ages 4-5 are invited to get a taste of our summer ROCKS program with our Little Pebbles Camps! Each week includes play time, games, and crafts to get both their bodies and imaginations moving. Camps take place at Stevenson Elementary and include a bagged breakfast.

DINOSAUR EXPLORERS

Time to blast into the past as we take on the dinosaur era. Kids will be able to use imaginative play, creativity, and curiosity to explore dinosaurs such as digging up fossils, going on a dinosaur hunt, and might even become dinosaurs themselves!

Ages 4-5 Tu - Th July 29 - 31 9 - 11:30 a.m. \$75

MOORE SUMMER FUN CAMP

Let's end the summer with loads of FUN! We'll explore all that Moore Lake Park has to offer with different activities each day and everyday will include time at the fun new playground! Activities include: fishing, pickleball, sand volleyball, sandcastle building contest, outdoor basketball, arts & crafts and more! Price includes a bagged breakfast and lunch provided by Fridley Nutritional Services.

Gr. K-1 (completed)	M-F	Aug 11 - 16	8 a.m. - 5 p.m.	\$230	Moore Lake Park
Gr. 2-3 (completed)	M-F	Aug 11 - 16	8 a.m. - 5 p.m.	\$230	Moore Lake Park



NORTH METRO SPORTS ADULT LEAGUES

Fridley has partnered with Spring Lake Park, Mounds View and New Brighton Parks and Recreation Departments to offer the following sports leagues. Individual Registrations are available for all North Metro Sports Leagues. Visit FridleyMN.gov/Rec for more info, league rulebooks, and to register as an individual and be placed on a team.

SAND VOLLEYBALL TOURNAMENT

Grab your friends for a fun outdoor co-rec volleyball tournament! Teams play 6 v 6, are guaranteed at least two games, and must have at least four players on the court. Prizes will be awarded to winners!

Ages 18+	Sa	Aug 23	10 a.m.	\$120/team	Silver View Park
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COED BAG TOSS LEAGUE

Grab a partner and play in our indoor Bag Toss League! Teams are made up of two players of any gender combination. League play consists of double header games.

Th	Oct 2 - Nov 20	6 - 8 p.m.	\$40	Mounds View Community Center
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INDOOR VOLLEYBALL LEAGUE

Grab a partner and play in our indoor Bag Toss League!

Teams are made up of two players of any gender combination. League play consists of double header games.					
Coed Rec	M	Sep 15 - Nov 17	6 - 9 p.m.	\$375	Highview Middle School
Coed Comp	M	Sep 15 - Nov 17	6 - 9 p.m.	\$375	
Women's Comp	W	Sep 17 - Nov 19	6 - 9 p.m.	\$375	
Open Rec	W	Sep 17 - Nov 19	6 - 9 p.m.	\$375	
Individual	M/W	Sep 15 - Nov 19	6 - 9 p.m.	\$45	

ADULT PROGRAMS

WOMEN OUTDOORS:

Connecting with Nature for Wellbeing with Featured Author Heidi Barr

Ages 16+ | 6 - 7:30 p.m. | July 27 | Springbrook Nature Center Pavilion | FREE

If summer feels too fast, join author Heidi Barr for a calming evening of reflection and mindfulness. The event includes introductions, a mindful hike, discussion of Heidi's books and poetry, and ends with gentle stretching and poetry. Complete program details are listed on our website. Registration is required. This program is brought to you through a partnership with the Anoka County Library Mississippi Branch.



ZUMBA

Ditch the workout and join the party with instructor Lenka Seferovic! ZUMBA is a fusion of Latin and International music/dance with unique movement combinations to create a dynamic and exciting total body workout.

Th	Jul 10 - Aug 21	6:30 - 7:30 p.m.	\$49
Tu	Jul 29 - Aug 19	6:30 - 7:30 p.m.	\$28
Tu	Sep 9 - Oct 14	7 - 8 p.m.	\$42
Th	Sep 11 - Oct 9	7 - 8 p.m.	\$35

Hayes Elementary/Fridley Community Center – Dance Floor

AQUA ZUMBA

The Aqua ZUMBA program gives new meaning to the idea of a refreshing workout. Integrating the ZUMBA philosophy with traditional aquatic fitness disciplines, Aqua ZUMBA blends it all together into workouts that are cardio conditioning, body toning, and most of all – exhilarating!

Su	Oct 26 - Nov 23	1 - 2 p.m.	\$72
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Fridley Middle School Pool

We accept drop-ins and late registrations for Zumba classes, call Fridley Recreation at (763) 572-3570.

PICKLEBALL

The City of Fridley and Spring Lake Park have partnered to provide the following Pickleball opportunities. Pickleball is one of the of fastest growing sports in the nation and is a cross between tennis, ping pong and badminton. Classes are taught by certified instructor, Will Davison. Equipment is provided if needed.

BEGINNER CLASS (SKILL LEVEL: BEGINNER)

Pickleball for beginners is designed to improve players skills while focusing on the fundamentals of the game. This class is for beginners with little to no experience. We will focus each week on the rules and different techniques to develop your understanding and technique!

18+	W	Sep 24 - Oct 22 (nc 10/15)	6 - 8 p.m.	\$55
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Hayes Elementary School

TEEN CAMP (SKILL LEVEL: BEGINNER)

We invite teens to join one of the fastest growing sports in the country! Clinics are designed to give you a sample of the sport while focusing on the rules and fundamentals.

Age 10-16	Sa	Jul 12	2:30 - 4:30 p.m.	\$25
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Moore Lake Park

ADULT/CHILD PICKLEBALL CLINIC

Our expert pickleball instructor will cover basic rules and techniques through drills. Then you'll use your new skills to play games against your classmates!

Ages 10+	Sa	Jul 12	12 - 2 p.m.	\$50/pair
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Moore Lake Park

LIVE PLAY COACHING

(SKILL LEVEL: INTERMEDIATE/ADVANCED)

This class will focus on taking your skills and elevating them through the in-game experience! Each week we will be improving your skills by focusing on in-game situations and coaching you through proper game strategies. It is designed so you can practice playing at full speed while a pickleball expert can give you tips along the way!

18+	W	Aug 27 - Sep 17	6 - 8 p.m.	\$55
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Moore Lake Park

LADDER LEAGUE

In this fun self-officiated league, participants will be placed in doubles games with players of a similar skill level each week. Skill level is determined by their winning percentage. Players will move up or down the ladder based on their percentage.

Age 20 - 40	M	Aug 11 - Sep 29 (nc 9/1)	6 - 8 p.m.	\$25
All Ages	W	Aug 13 - Sep 24	6 - 8 p.m.	\$25
All Ages	Th	Aug 14 - Sep 25	10 a.m. - 12 p.m.	\$25

Moore Lake Park /Fridley High School

FREE

community concerts

- Bring a lawn chair
- Enjoy live music with your neighbors
- All ages are welcome

We hope to see you there!

Civic Campus – Tuesdays at 7 p.m.

Come early for food trucks and games on the plaza starting at 5:45 p.m.!

In case of rain, concerts may be moved to the large shelter at nearby Locke Park.

JULY 8: INNOCENT REGGAE BAND, REGGAE

Food trucks: Rustic Chef & Flamingos Ice Cream

JULY 22: DARLENE AND THE BOYS, CLASSIC COUNTRY

Food trucks: Brick Oven Pizza Bus & Flamingos Ice Cream

AUGUST 19: JACK BRASS BAND, NEW ORLEANS STYLE BRASS BAND

Food trucks: Rustic Chef, Brick Oven Pizza Bus and Flamingos Ice Cream

Pre-Concert Event: Touch A Truck & Popsicles with Public Safety 4 - 7 p.m.

Springbrook Nature Center – Tuesdays at 7 p.m.

Springbrook concerts are supported by a generous donation from the Springbrook Nature Center Foundation. In case of rain, SNC concerts will be held in the covered area of the Pavilion.

JULY 15: JULIET AND THE MONTAGUES, JAZZ

AUGUST 12: BLUEGROOVE BLUEGRASS BAND, BLUEGRASS

Locke Park – Friday at 10:30 a.m.

AUGUST 8: THE LITTLE MERMAID, JR. - CHILDREN'S MUSICAL WITH ETC PRODUCTIONS

Pre-Concert activity, 10 a.m.: Kid's Book Swap & Tour a fire truck with the Fridley Fire Dept.

Mondays at Moore – Mondays at 7 p.m.

Ice cream available for purchase from Flamingos

In case of rain, concerts may be held inside the Moore Lake Community Building at limited capacity.

JULY 28: DUO CORDA, JAZZ/CLASSICAL/INTERNATIONAL

Food trucks: Rustic Chef + Flamingos Ice Cream

NORTHEAST ORCHESTRA—CLASSICAL CHAMBER MUSIC

AUGUST 11: FLUTE DUO

AUGUST 25: HORN QUINTET

Music in Our Parks – Mondays at 7 p.m.

FRIDLEY CITY BAND

JULY 7: LOGAN PARK

JULY 21: SPRINGBROOK NATURE CENTER