

City of Fridley Parks & Recreation Programs

SPORTS • EVENTS • CONCERT SERIES • YOUTH PROGRAMS • ADULT PROGRAMS • NATURE PROGRAMS

MAY/JUNE 2025 EDITION



FEATURING PROGRAMS FROM
MAY - AUGUST

SUMMER PROGRAMS INSIDE



Parks and Recreation Department

763-572-3570

FridleyMN.gov/Rec

recreation@FridleyMN.gov



Springbrook Nature Center

763-572-3588

springbrooknaturecenter.org

springbrook@FridleyMN.gov

Fridley Parks and Recreation

Mission: To promote a high quality of life in Fridley through welcoming parks, inclusive programs, and unique experiences.

Vision: Parks, recreation, and natural resources are valued by all in the Fridley community.

City of Fridley Directory

Parks and Recreation Department

Recreation Office – City Hall, 7071 University Avenue NE
763-572-3570 | Recreation@FridleyMN.gov

Springbrook Nature Center

100 85th Avenue NE
763-572-3588 | Springbrook@FridleyMN.gov

Fridley Locations:

Civic Campus, 7071 University Ave. NE
Commons Park, 6249 7th St. NE
Creekview Park, 6801 Anoka St. NE
Flanery Park, 1487 Onondaga St NE
Locke Park, 840 71st Ave. NE
Moore Lake Park, 5890 Central Ave. NE
Stevenson Elementary School, 6080 East River Rd.

Locations outside of Fridley:

Big Louie's, 790 County Rd D West, New Brighton
Brightwood Hills Golf Course, 1975 Silver Lake Rd NW, New Brighton
City Hall Park, 2401 Mounds View Blvd., Mounds View
Highview Middle School, 2300 7th St. NW, New Brighton
Mounds View Community Center, 5394 Edgewood Dr., Mounds View

Photo Policy

Photographs are periodically taken of participants while they are engaged in programs, special events or enjoying the parks. Please be aware that these photos may appear in the local newspapers and/or Parks & Recreation Department publications including our website and social media. If you would prefer that we not use your photo, please let the photographer know.

Registration Notes

Online registration is available at FridleyMN.gov/RecRegister.

Phone and walk-in registrations are also accepted at City Hall and Springbrook Nature Center.

- Online registration closes one week prior to the class start date, unless listed.
- The participant grades listed apply to the 2024-25 school year.
- To indicate classes skipped in a series, nc (no class) followed by a date is used. For example: Jun 10 - Jul 8 (nc 7/1)



Scholarship Program

Scholarship funds are available to eligible Fridley residents that meet qualifications. Please email Recreation@FridleyMN.gov for more information and to apply.

Weather Cancellation Hotline

If you believe there is threatening weather or inclement conditions, please call our 24-hour HOTLINE at 763-572-3578 prior to your program or activity to see if it will still be held. Weather-related cancellations will be sent out via email to the address on the registrant's account.

Inclusion Policy

The City of Fridley is committed to providing reasonable accommodations and accessibility to participants. Please let us know if you or a family member require an accommodation specific to an ability-related need, a behavioral support, an allergy, or other need for inclusion services by contacting the Recreation Office at 763-572-3570 or Recreation@FridleyMN.gov at least three weeks prior to the start of the program to discuss strategies for inclusion and for the staff to gather information about the participant.

ALL AGES

FLOWER PRESSING WITH MOM

Want to do something different for Mother's Day? Treat your mom to a craft day at Springbrook Nature Center! We will go for a hike to forage flowers, while learning how to identify them. We will finish with learning the process of flower pressing. Join this naturalist-led craft day with refreshments provided. Registration required.

| | | | | |
|-----------------------|----|--------|------------|------|
| Ages 5+ with an Adult | Su | May 11 | 1 - 3 p.m. | \$15 |
|-----------------------|----|--------|------------|------|

Springbrook Nature Center

PLANT FRIDLEY'S COMMUNITY GARDEN

Come out to help plant Fridley's free edible garden at Civic Campus! Produce from these garden towers is available to all, free of charge, all summer long! We'll plant seeds and plants—no experience is necessary. All you need to do is show up with a smile and willingness to help!

| | | | | |
|----------|---|--------|-------------------|------|
| All ages | F | May 16 | 10 a.m. - 12 p.m. | Free |
|----------|---|--------|-------------------|------|

Civic Campus

CONTAINER GARDENING - GROW YOUR OWN FOOD

Summer gardening season is starting! Learn how to grow your own food in containers - all you need is a sunny spot and a small space. We will teach you how and provide everything you need to take your new garden home - grow bags, soil, and seeds/plants. All ages welcome—children must be accompanied by an adult. This is a great way to make a special gift for Mother's Day (May 11) that will last all summer long!



| | | | | |
|----------|----|--------|--------------|------|
| All ages | Sa | May 10 | 10 - 11 a.m. | \$25 |
|----------|----|--------|--------------|------|

Springbrook Nature Center PAC

EVENTS

'49ERS KID'S PARTY AND PARADE

4 - 7 p.m. | June 12 | Commons Park | FREE

Play carnival games, try out the inflatable obstacles, slides and bouncers, and dance your heart out with the DJ! After the party head to 7th Street to watch the parade!



KID'S MUSICAL - THE LITTLE MERMAID JR.

10:30 a.m. | August 8 | Locke Park | FREE

Dive into the magical world of *The Little Mermaid Jr* with ETC Productions as they bring Ariel's underwater adventure to life! Perfect for the whole family, this heartwarming show is a delightful journey full of music, fun and unforgettable moments Under the Sea! More info at: etcproductions.info. This is an outdoor performance—please bring a lawn chair or blanket for seating. Fridley Fire will have a fire engine on display at the performance.

BIKE RODEO

5 - 7 p.m. | June 30 | Moore Lake Park | FREE

Learn bike safety skills and enjoy an obstacle course with Fridley Public Safety! Bring your own bike and we will help properly adjust it to fit your child. Helmets are required. Register online prior to the event to receive a free helmet while supplies last! Recommended for ages 5-12 with an adult.

TOUCH-A-TRUCK

4 - 7 p.m. | August 19 | Civic Campus | FREE

In partnership with Fridley Public Works and Public Safety, Touch-A-Truck is back! Kids of all ages can explore a variety of big trucks, lawn equipment, electric vehicles, police cars, a fire truck and more! Bouncy castles and food trucks will be onsite, and make sure to stay for the final summer concert with Jack Brass Band at 7 p.m.



Sensory Friendly Hour | 4 - 5 p.m.: Touch-A-Truck will be sensory friendly! No loud noises, lights, sirens, etc.

Popsicles with Public Safety: Fridley police officers and firefighters will be onsite at the Touch-A-Truck event handing out free popsicles (while supplies last)!

FREE EVENT

ENVIRONMENTAL FUN FAIR

Saturday, May 17, 11 a.m. - 2 p.m. • Springbrook Nature Center

Mark your calendars! A variety of outdoor and environmental exhibitors will be present to help us appreciate our wonderful natural world.

Join us for the fun:

- Event Passport and Prizes
- Environmental and Educational Exhibitors
- Games, Crafts and Activities focused around Environmental Stewardship
- Bouncy Castle
- Pop-Up Community Toy Store
- Food Trucks
- Live Music by Will Hale and the Tadpole Parade
- And More!



YOUTH EVENING SPORTS (AGES 3-13)

The sports programs listed are designed for kids who want to learn basic skills while being active and having fun! Instructors focus on teaching age-appropriate fundamentals while encouraging teamwork, sportsmanship, and positive social interaction. All equipment is provided. Participants must be the minimum advertised age by the start of the program.

Classes will be held at Stevenson Elementary School.

SOCCER

| | | | | |
|----------|----|--------------------------|---------------|------|
| Ages 3-5 | M | Jun 16 - Jul 7 | 6 - 6:45 p.m. | \$40 |
| Gr K-4 | M | Jun 16 - Jul 7 | 7 - 7:45 p.m. | \$40 |
| Ages 3-5 | Th | Jun 19 - Jul 17 (nc 7/3) | 7 - 7:45 p.m. | \$40 |
| Ages 3-5 | M | Jul 21 - Aug 11 | 7 - 7:45 p.m. | \$40 |
| Ages 3-5 | W | Jul 23 - Aug 13 | 6 - 6:45 p.m. | \$40 |
| Gr K-4 | W | Jul 23 - Aug 13 | 7 - 7:45 p.m. | \$40 |

TRACK AND FIELD

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|----------|----|-----------------|---------------|------|
| Ages 3-5 | Tu | Jun 17 - Jul 8 | 6 - 6:45 p.m. | \$40 |
| Gr K-4 | Tu | Jun 17 - Jul 8 | 7 - 7:45 p.m. | \$40 |
| Ages 3-5 | Th | Jul 24 - Aug 14 | 6 - 6:45 p.m. | \$40 |
| Gr K-4 | Th | Jul 24 - Aug 14 | 7 - 7:45 p.m. | \$40 |

LITTLE NINJAS

| | | | | |
|----------|----|-----------------|---------------|------|
| Ages 3-5 | W | Jun 18 - Jul 9 | 6 - 6:45 p.m. | \$40 |
| Gr K-4 | W | Jun 18 - Jul 9 | 7 - 7:45 p.m. | \$40 |
| Ages 3-5 | Tu | Jul 22 - Aug 12 | 6 - 6:45 p.m. | \$40 |
| Gr K-4 | Tu | Jul 22 - Aug 12 | 7 - 7:45 p.m. | \$40 |



T-BALL

| | | | | |
|-----------|----|--------------------------|---------------|------|
| Ages 3-5* | Th | Jun 19 - Jul 17 (nc 7/3) | 6 - 6:45 p.m. | \$40 |
| Ages 3-5* | M | Jul 21 - Aug 11 | 6 - 6:45 p.m. | \$40 |

TEEN PICKLEBALL CAMP*

| | | | | |
|------------|----|--------|------------------|------|
| Ages 10-16 | Sa | Jul 12 | 2:30 - 4:30 p.m. | \$25 |
|------------|----|--------|------------------|------|

ADULT/CHILD PICKLEBALL CLINIC*

| | | | | |
|----------|----|--------|-------------|-----------|
| Ages 10+ | Sa | Jul 12 | 12 - 2 p.m. | \$50/pair |
|----------|----|--------|-------------|-----------|

*Pickleball programs are held at Moore Lake Park. Details on page 7.

PRESCHOOL PROGRAMS

PLAYFUL POLLIWOGS - FLOWERS

Join us for this adult/child class at Springbrook Nature Center. We will start our adventures indoors with check-in and story time, then we'll move outside for an activity related to our topic. Help your Polliwog learn through adventure and play! Each child must be accompanied by one adult (adults do not need to register). Registration is preferred but drop-ins are allowed.



Ages 2-5 with an adult Tu May 27 10 - 11 a.m. \$5 per child
Springbrook Nature Center

PLAN YOUR PARKS!

Fridley staff will be in several neighborhood parks this summer to get feedback on 2026 park improvements. You can help plan your playground and give comments on trails, park amenities and other park improvements. Online surveys will also be available for those who are unable to attend in person.

Flanery, 1505 Onondaga Street NE

Thursday, July 10 | 5:30 - 7 p.m.

Summit Square, 5201 Capitol Street NE

Thursday, July 17 | 5:30 - 7 p.m.

Park concept plans and the latest updates on park improvements across the Fridley park system can be found on our project webpage at FridleyMN.gov/ParkPlan. Contact Parks and Recreation Director, Mike Maher at Mike.Maher@FridleyMN.gov with questions or to get involved.

YOUTH ACTIVITIES

NATURE EXPLORATION FOR HOMESCHOOLERS

A Springbrook naturalist will lead an outdoor program with a different theme during each session. Registration is required.

POLLINATION

Students will get the chance to learn all about pollination and why it is SO important for not only us, but the ecosystem as a whole! We will talk about the cycles a plant goes through and different species that pollinate. We will also go out on a hike to find some pollinators in action!

Ages 9-11 F May 9 10 a.m. - noon \$7
Springbrook Nature Center



BIRDS

Our imaginations will take flight while we learn all about birds and bird migration. Students will learn how to identify birds, use a field guide and binoculars, look for birds on a hike and at our feeders, and explore the phenomena of flight with our wind tunnels.

Ages 6-8 F May 9 10 a.m. - noon \$7
Springbrook Nature Center

OUR LEADERS ARE READERS

10:30 a.m. | Civic Campus

July 17: Fire | July 31: Mayor Ostwald | Aug 14: Police

Join us at the Fridley City Hall as our civic leaders read stories about their jobs and roles in city government. After each story readers will take families on a behind the scenes tour of their work spaces. This program is brought to you through a partnership with the Anoka County Library Mississippi Branch.



SAFETY CAMP

Join Fridley Police, Fire & Recreation to learn about good safety practices while having fun, including a behind the scenes tour of the police and fire departments! Kids will also learn from our partners Northstar Search & Rescue, The Raptor Center, MN DNR, Allina Health, Springbrook Nature Center and more. Safety topics include fire, seat belt, animals, weather, electrical, bicycle, first aid, water & 911. All campers will participate in our end of camp graduation ceremony. Included in the fee is a bike helmet, t-shirt, tote bag, and daily lunch/snacks. (Grades listed apply to the 2024-25 school year.)

gr 2-4 Tu & W June 24 - 25 9 a.m. - 4 p.m. \$55
Fridley Civic Campus

REC 'N ROLL

FREE

Join us this summer for fun, free activities in our parks!

Fridley Recreation is coming to a park near you with our Rec 'N Roll mobile! Enjoy a variety of free activities including games, sports, arts, crafts, music and more! Team members will be present to set up activities and equipment for youth. FREE snacks are provided by Fridley School's Nutritional Services for those 18 and under!

June 17 – August 14 (excluding June 19)

Tuesdays: 12:30 - 2 p.m. | Moore Lake Park 2:30 - 4 p.m. | Creekview Park

Thursdays: 12:30 - 2 p.m. | Moore Lake Park 2:30 - 4 p.m. | Flanery Park

SUMMER ROCKS

RECREATION OPPORTUNITIES
FOR CREATIVE KIDS IN THE SUMMER

JUNE 16 - AUGUST 8

Our popular all-day recreation program is held for eight weeks in the summer. Kids who are currently in grades K-6 will have a variety of fun opportunities to participate in each week at Stevenson Elementary School, including: classes, special events, field trips and outdoor adventures.



LITTLE PEBBLES

**ROCKS-LITTLE PEBBLES
CAMPS (AGES 4-5):**

Kids ages 4-5 are invited to get a taste of our summer ROCKS program with our Little Pebbles Camps! Each week includes play time, games, and crafts to get both their bodies and imaginations moving. Camps take place at Stevenson Elementary and include a bagged breakfast.



NINJA EXPLORERS

Becoming a ninja explorer is all about challenges! We'll challenge the mind and body in age-appropriate activities including obstacle courses, crafts, experiments, and play!

This class will build confidence and teamwork skills.

Ages 4-5 M - W Jun 30 - Jul 2 9 - 11:30 a.m. \$75

DINOSAUR EXPLORERS

Time to blast into the past as we take on the dinosaur era. Kids will be able to use imaginative play, creativity, and curiosity to explore dinosaurs such as digging up fossils, going on a dinosaur hunt, and might even become dinosaurs themselves!

Ages 4-5 Tu - Th July 29 - 31 9 - 11:30 a.m. \$75

MOORE SUMMER FUN CAMP

Let's end the summer with loads of FUN! We'll explore all that Moore Lake Park has to offer with different activities each day and everyday will include time at the fun new playground! Activities include: fishing, pickleball, sand volleyball, sandcastle building contest, outdoor basketball, arts & crafts and more! Price includes a bagged breakfast and lunch provided by Fridley Nutritional Services.

Gr. K-1 (completed) M-F Aug 11 - 16 8 a.m. - 5 p.m. \$230

Gr. 2-3 (completed) M-F Aug 11 - 16 8 a.m. - 5 p.m. \$230

Moore Lake Park

BIRTHDAY PARTY PROGRAMS

Create lasting memories by celebrating a birthday party at Springbrook!

Birthday parties are for children turning ages 4-11. The weekend program includes a private indoor rental space for two hours, during which a naturalist will lead a 45-minute program. Check out our program topics on the website.

Fee: \$150 — Maximum of 15 children and 5 adults.

Call Springbrook at 763-572-3588 to book your party!

ADULT PROGRAMS

NORTH METRO BAG TOSS LEAGUE

Grab a partner and play in our Bag Toss League! Teams are made up of 2 players of any gender combination. League play consists double header games. Game Schedule/Start Times will be sent out prior to start of league. Prizes will be awarded to the top teams!

| | | | |
|-----------------------------|---------------------------|------------|------|
| Th | May 29 - July 24 (nc 7/3) | 6 - 8 p.m. | \$40 |
| Big Louie's in New Brighton | | | |



WOMEN OUTDOORS

Are you looking for an escape to the woods with other women? Join a naturalist for an outdoor walk and an introduction to forest bathing. This program is designed to help women get outside and enjoy nature. Participants must be 16 or older and registration is required.

| | | | | |
|---------------------------|----|--------|---------------|-----|
| Ages 16+ | Sa | Jun 14 | 6 - 7:30 p.m. | \$7 |
| Springbrook Nature Center | | | | |

ZUMBA

Ditch the workout and join the party with instructor Lenka Seferovic! ZUMBA is a fusion of Latin and International music/dance with unique movement combinations to create a dynamic and exciting total body workout.

| | | | |
|----|---------------------------|------------|------|
| Tu | May 13 - Jun 17 | 7 - 8 p.m. | \$42 |
| Th | May 15 - Jun 26 (nc 6/19) | 7 - 8 p.m. | \$42 |
| Tu | Jun 24 - Jul 22 | 7 - 8 p.m. | \$35 |
| Th | Jul 10 - Aug 21 | 7 - 8 p.m. | \$49 |
| Tu | Jul 29 - Aug 19 | 7 - 8 p.m. | \$28 |

*June classes will meet from 6:30 - 7:30 p.m.

Hayes Elementary/Fridley Community Center – Dance Floor

PICKLEBALL

The City of Fridley and Spring Lake Park have partnered to provide the following Pickleball opportunities. Pickleball is one of the of fastest growing sports in the nation and is a cross between tennis, ping pong and badminton. Classes are taught by certified instructor, Will Davison. Equipment is provided if needed.

BEGINNER CLASS (SKILL LEVEL: BEGINNER)

This class is designed to improve players skills while focusing on the rules and fundamentals of the game.

| | | | | |
|-----------------|---|-------------------------|------------|------|
| 18+ | W | Jun 11 - Jul 9 (nc 7/2) | 6 - 8 p.m. | \$55 |
| Moore Lake Park | | | | |

TEEN CAMP (SKILL LEVEL: BEGINNER)

We invite teens to join one of the fastest growing sports in the country! Clinics are designed to give you a sample of the sport while focusing on the rules and fundamentals.

| | | | | |
|-----------------|----|--------|------------------|------|
| Age 10-16 | Sa | Jul 12 | 2:30 - 4:30 p.m. | \$25 |
| Moore Lake Park | | | | |

ADULT/CHILD PICKLEBALL CLINIC

Our expert pickleball instructor will cover basic rules and techniques through drills. Then you'll use your new skills to play games against your classmates!

| | | | | |
|-----------------|----|--------|-------------|-----------|
| Ages 10+ | Sa | Jul 12 | 12 - 2 p.m. | \$50/pair |
| Moore Lake Park | | | | |

PICKLEBALL SKILLS AND DRILLS CLASS (BEGINNER-INTERMEDIATE)

Take your skills to the next level! Each week we'll focus on a different area of the game while improving your play style and technique.

| | | | | |
|-----------------|---|---------------------------|------------|------|
| All Ages | W | Jul 16 - Aug 13 (nc 7/23) | 6 - 8 p.m. | \$25 |
| Moore Lake Park | | | | |

LADDER LEAGUE

Join our fun self-officiated pickleball ladder league! In this fun self-officiated league, participants will be placed in doubles games with players with of similar skill level each week. Skill level is determined by their winning percentage. Players will move up or down the ladder based on their percentage.

| | | | | |
|-------------|----|---------------------------|-------------------|------|
| Age 20 - 40 | M | May 19 - Jul 28 (nc 5/26) | 6 - 9 p.m. | \$25 |
| All Ages | W | May 21 - Jul 23 | 6 - 9 p.m. | \$25 |
| All Ages | Th | May 22 - Jul 31 (nc 7/3) | 10 a.m. - 12 p.m. | \$25 |

Moore Lake Park /Fridley High School

FREE

community concerts

- Bring a lawn chair
- Enjoy live music with your neighbors
- All ages are welcome

We hope to see you there!

Civic Campus – Tuesdays at 7 p.m.

Come early for food trucks and games on the plaza!

In case of rain, concerts may be moved to the large shelter at nearby Locke Park.

JUNE 24: MR. WINKY BAND, CLASSIC ROCK

JULY 8: INNOCENT REGGAE BAND, REGGAE

JULY 22: DARLENE AND THE BOYS, CLASSIC COUNTRY

AUGUST 19: JACK BRASS BAND, NEW ORLEANS STYLE BRASS BAND

Pre-Concert Event: Touch A Truck & Popsicles with Public Safety 4 - 7 p.m.

Springbrook Nature Center – Tuesdays at 7 p.m.

Springbrook concerts are supported by a generous donation from the Springbrook Nature Center Foundation. In case of rain, SNC concerts will be held in the covered area of the Pavilion.

JULY 15: JULIET AND THE MONTAGUES, JAZZ

AUGUST 12: BLUEGROOVE BLUEGRASS BAND, BLUEGRASS

Locke Park – Friday at 10:30 a.m.

AUGUST 8: THE LITTLE MERMAID, JR.

Let's go to the theater—but this time at Locke Park! We will watch ETC Production's The Little Mermaid Jr. Fridley Fire will have a fire engine on display. *See page 3 for details.*

Mondays at Moore – Mondays at 7 p.m.

In case of rain, concerts may be held inside the Moore Lake Community Building at limited capacity.

JUNE 2: FRIDLEY CITY BAND

JUNE 30: JEFF LOVEN, ROCK N ROLL

Pre-Concert Event: Bike Rodeo, 5 - 7 p.m.

JULY 28: DUO CORDA, JAZZ/CLASSICAL/INTERNATIONAL

NORTHEAST ORCHESTRA—CLASSICAL CHAMBER MUSIC

JUNE 16: STRING QUARTET

AUGUST 11: FLUTE DUO

AUGUST 25: HORN QUINTET

Music in Our Parks – Mondays at 7 p.m.

FRIDLEY CITY BAND

JUNE 2: MOORE LAKE PARK

JUNE 9: BRIARDALE PARK

JUNE 30: EDGEWATER PARK

JULY 7: LOGAN PARK

JULY 21: SPRINGBROOK NATURE CENTER